

ICE PALACE FIGURE SKATING CLUB

Bootbreakers: May 25-June 26

Mon / Wed / Fri		Tue / Thur	
TRC-A	TRC-C	West Edmonton Mall	
1:45 - 2:45pm Sr A Freeskate		1:30 - 2:30pm Sr A Freeskate	
2:45 - 3:00 Flood		2:30 - 2:45 Flood	
3:00 - 3:45 Sr A Freeskate		2:45 - 3:30 Sr A Freeskate	
3:45 - 4:00 Flood		3:30 - 3:45 Flood	
4:00 - 5:00 Sr A Freeskate	5:00 - 5:45pm Jr Freeskate	3:45 - 4:45 Sr A Freeskate	Off-ice
5:00 - 5:30 Sr A/B Stroking	5:45 - 6:15 Jr / Int Edges, Stroking, Artistic	4:45 - 5:15 Sr A Edges	4:15 - 5:15pm Sr B Off-ice
5:30 - 5:45 Flood	6:15 - 8:00 Comp Dance / Open	5:15 - 5:30 Flood	5:15 - 6:15 Int Off-ice
5:45 - 6:30 Sr A/B Freeskate		5:30 - 6:30 Sr B Freeskate	5:30 - 6:30 Sr A Off-ice
6:30 - 7:00 Int / Sr A/B Spins	Off-ice	6:30 - 7:00 Int / Sr B Edges	
7:00 - 7:45 Int Freeskate	6:20 - 7:20pm Jr Off-ice	7:00 - 8:00 Int Freeskate	

**Sr B skaters who have achieved the minimum technical score to enter Sectionals may be permitted to skate 1-2 Sr A sessions each week for an additional \$9.00/hour; contact the Skating Director with request. Note that the Sr A session may not be a make-up for other missed sessions.*

Summer: June 29 - August 7 ***Juniors skate from June 29-July 30 only*

Mon / Wed / Fri		Tue / Thur	
TRC-A	TRC-B	TRC-A	TRC-B
9:00 - 10:00am Sr B Freeskate	8:00 - 9:00am Comp	9:00 - 9:30am Int / Sr B Stroking	8:00 - 9:00am Comp / Int Open
10:00 - 10:15 Int / Sr B CPC Judging System	9:00 - 9:15 Flood	9:30 - 10:15 Sr B Freeskate	9:00 - 9:15 Flood
10:15 - 10:30 Flood	9:15 - 10:15 Comp / Sr A Open	10:15 - 10:30 Flood	9:15 - 10:15 Comp
10:30 - 11:00 Sr A Spins / Program Components	10:15 - 11:15 Int Freeskate	10:30 - 11:15 Sr A Freeskate	10:15 - 11:00 Int Freeskate
11:00 - 11:45 Sr A Freeskate	11:15 - 11:30 Flood	11:15 - 11:30 Sr A CPC Judging System	11:00 - 11:15 Int Spins / Program Components
11:45 - 12:00 Flood	11:30 - 12:15 Int Freeskate	11:30 - 11:45 Flood	11:15 - 11:30 Flood
12:00 - 12:45 Sr B Freeskate		11:45 - 12:30 Sr A Freeskate	11:30 - 12:15 Int Freeskate
12:45 - 1:15 Int / Sr B Edges (M/W), Artistic Dev (F)	1:30 - 2:30 Comp / Sr B Open	12:30 - 12:45 Flood	
1:15 - 1:30 Flood		12:45 - 1:30 Sr B Freeskate	1:30 - 2:30 Comp / Open
1:30 - 2:30 Sr A Freeskate	Off-ice	1:30 - 1:45 Sr B Spins / Program Components	Off-ice
2:30 - 3:00 Sr A Stroking (M/W), Artistic Dev (F)	8:15 - 8:45am Int Off-ice Warm-up	1:45 - 2:00 Flood	9:40 - 10:00am Int Jump Class
3:00 - 3:15 Flood	8:15 - 8:45 Sr B Off-ice Warm-up	2:00 - 2:45 Sr A Freeskate	10:30 - 10:50 Sr B Jump Class
3:15 - 3:45 Open	8:50 - 9:45 Int Ballet (M/W), Zumba (F)	2:45 - 3:15 Sr A Edges	11:00 - 12:00 Sr B / Comp Fitness
3:45 - 4:15 Jr Edges (M/W), Artistic Dev (F)	10:25 - 11:20 Sr B / Comp Ballet (M/W), Zumba (F)	3:15 - 3:30 Flood	1:00 - 2:00 Int Fitness
4:15 - 5:00 Jr Freeskate	11:55 - 12:50 Sr A Ballet (M/W), Zumba (F)	3:30 - 4:00 Jr Edges	1:25 - 1:45 Sr A Jump Class
5:00 - 5:15 Jr Stroking	2:30 - 3:30 Jr Ballet (M/W), Zumba (F)	4:00 - 4:45 Jr Freeskate	2:30 - 3:15 Jr Jump Class
		4:45 - 5:15 Prelim Group Dance	3:30 - 4:30 Sr A Fitness

Sr A - Pre-Nov65, Nov, Jr, Sr	Sr B - Juv21, Pre-Nov, Jr Silver-Gold	Int - Star 5, Sr Bronze, Pre-Juv	Jr - Star 1-4
Comp - Dance & Pair teams	Open - Test Dance, Skills, etc		

**The session levels listed are guidelines only. Decisions regarding a skater's level are that of the Skating Director.*

**Wild Rose Competition will be held July 31-August 2; visit our Calendar of Events for other events (schedule changes, test days, simulations, etc.)*

**Juniors who compete in Star 4 at Sunsational may register for the Intermediate Package for the week of August 4-7; note that space may be limited and priority will be given to Star 5 and higher.*