

# Ice Palace

Figure Skating Club

October 2015



www.icepalace.ca

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*Life always offers you  
a second chance...  
It's called tomorrow.*

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Congratulations to **KAETLYN OSMOND** for winning the **GOLD** medal at the Nebelhorn Trophy in Oberstdorf, Germany!

## Simulations

We will be having Competition Simulations to help our skaters prepare for the upcoming competitions. Simulations help athletes find their comfort zone in competitive situations. Our regular schedule will be altered to accommodate these simulations. Please contact Ravi if you are interested in playing music.

## Competition Funding

The Ice Palace FSC pays the coaches' competition expenses (travel, hotel, etc) for home club members at selected competitions. The following competitions will be paid:

- ⇒ 2015 Canmore Invitational – Canmore
- ⇒ 2015 Sask Skate – Regina
- ⇒ 2015 Northwest Region Open – Whitecourt
- ⇒ 2016 Northeast Region Open – Wainwright
- ⇒ All "Qualifying" competitions (Sectionals, Challenge, Nationals, etc)

*Note: Skaters will possibly work with a club coach that is not their primary coach*

