



**ICEPALACE**  
FIGURE SKATING CLUB

icepalace.ca

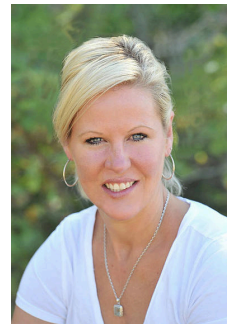
## Theatre On Ice Clinic

May 19-20, 2016

### Information:

Deena Beacom is a National and International coach and has spent 4 years as a principal performer in the Ice Capades. She will give helpful tips to improve your creativity, artistry, and performance.

A skater's instrument is their body. Deena will introduce techniques and exercises to explore how your body can be a fantastic resource for creating a character.



### Thursday, May 19 – Callingwood Arena:

11:15-12:15	Intermediate A		
12:30-1:30	Intermediate B	12:30-1:30	Intermediate A Fitness
1:45-2:45	Intermediate A	1:45-2:45	Intermediate B Fitness
3:15-4:15	Senior	3:15-4:15	Junior Fitness
4:30-5:30	Junior	4:30-5:30	Senior Fitness
5:45-6:45	Senior		

### Friday, May 20 – Kinsmen Arena:

9:00-10:00	Intermediate B
10:15-11:15	Intermediate A
11:30-12:30	Intermediate B
12:45-1:45	Junior

### Friday, May 20 – Callingwood Arena:

2:45-3:45	Senior
4:00-5:00	Senior

\*\*In order to participate in the clinic, skaters must attend all sessions on both days.

\*\*Seminar is free for all skaters that registered for Summer Camp by April 18; all other skaters pay \$75.