



*"Failure is the
opportunity to begin again
more intelligently"*
- Henry Ford -

Off-Season Conditioning

Mon May 9 (CLW)

4:30-6:00pm Off-ice Fitness - Int A/B, Sr

Wed May 11 (CLW)

4:30-6:00pm Off-ice Fitness - Int A/B, Sr

Fri May 13 (CLW)

3:30-4:30pm Freeskate - Sr

4:45-5:45 Stroking - IntA/B, Sr 6:00-7:00 Off-ice - Int A/B, Sr

Mon May 16 (CLW)

3:00-3:45pm Freeskate - Sr

4:00-4:45 Freeskate - Sr

4:45-5:30 Stroking - Int A/B, Sr

5:45-6:45 Freeskate - Int A 5:45-6:45 Off-ice - Int B

Tue May 17 (TRC)

3:00-3:45pm Freeskate - Sr

4:00-4:45 Freeskate - Sr

4:45-5:15 Stroking - Int A/B, Sr

5:30-6:45 Freeskate - Int B 5:30-6:30 Off-ice - Int A, Sr

Wed May 18 (TRC)

3:00-3:45pm Freeskate - Sr

4:00-4:45 Freeskate - Sr

4:45-5:30 Stroking - Int A/B, Sr

5:45-6:45 Freeskate - Int A 5:45-6:45 Off-ice - Int B

***In order to ensure that skaters arrive for Summer Camp in excellent physical condition, skaters are expected to attend all of the above fitness classes*

***Free to skaters enrolled in summer school; non-summer skaters pay \$10/hour*

Theatre on Ice Clinic

Deena Beacom will be coming on May 19 & 20 to teach a seminar focusing on creativity, artistry, and performance. Deena is a National and International coach and has spent 4 years as a principal performer in the Ice Capades. Visit the website for more details.

Annual General Meeting

Wednesday, June 29

5:45-6:45pm @ Terwillegar Arena

****All members are encouraged to attend!!!**

Provincial Team Members

Based on their competitive success, these skaters have qualified for a Provincial Team. Congratulations and keep up the good work!

- Brian Chiem
- Mychala Collier & Matthew Newnham
- Frances Estrada
- Emelyn Fiegel & Zaheen Mahmoud
- Michele Hong & Nathan Chung
- Jasmine Lam & Mackenzie Mah
- Taylor LeClaire
- Calynn Lirette
- Eric Liu
- Mackenzie Mah
- Joanne Min-Roberts
- Matthew Newnham
- Kaetlyn Osmond (National Team)
- Brian Popa
- Marissa Power & Brian Popa
- Karen Slade

Sponsorship / Advertising

Our sponsorship packages offer a variety of advertising opportunities and range from \$350-\$4000.

We are excited to announce that members who secure a Silver, Gold, or Platinum sponsor will receive 50% of the sponsorship dollars as a credit to their skating account!

If you know any businesses that might be interested in supporting our club, please contact the office for a sponsorship letter. We are one of the largest clubs in Canada and have approximately 1400 members, so partnering with us will provide great visibility for any organization!



Congratulations to Robin Friesen and Carly McAvoy for placing 1st and 2nd at the 2016 STARSkate Championships in the Special Olympics Level 2 category!

