



ICEPALACE
FIGURE SKATING CLUB

icepalace.ca

2016-2017 Skating School

September 6, 2016 – June 30, 2017



The Ice Palace has produced several
National and International medalists

HOME OF
KAETLYN OSMOND
2-time Canadian Champion
2014 Olympic Silver Medalist (Team)

**NEW → SKATING SCHOOL NOW RUNS FROM
SEPTEMBER TO JUNE (INCLUDES BOOTBREAKERS)**

- ▶ Directed by Ravi Walia, 2013 Skate Canada Coach of the Year
- ▶ Jump harness and Dartfish video technology to enhance technique
- ▶ Events include Holiday Ice Show, Pizza Party, Club Barbeque, Family Skate, Competition Simulations, Camps, and Fun Days

Director of Skating:
Ravi Walia
Olympic & World Coach
780-944-8021
rwalia@icepalace.ca



Membership

Home Club & Associate Membership	\$75	- September 1, 2016 - August 31, 2017
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Packages (includes all on-ice, off-ice, and group classes)

Senior A Package	\$280 / month	- Pre-Novice-Senior - Includes 1 hour test dance/skills each week
Senior B Package	\$260 / month	- Pre-Novice - Includes 1 hour test dance/skills each week
Intermediate Package	\$240 / month	- Star 5-Juvenile - Includes 1 hour test dance/skills each week
Junior Package	\$185 / month	- Star 1-4 - Includes test dance/skills for Juniors who are 11+ years old
Pair / Dance Package	\$215 / month	- Competitive pair and dance teams - Includes 10 hours of pair/dance ice each week
½ Pair / Dance Package	\$140 / month	- Competitive pair and dance teams - Includes 6 hours of pair/dance ice each week
2 nd Discipline Package	\$90 / month	- Includes all sessions in a different discipline from the primary package (alternative is to pay hourly for 2 nd discipline)

Hourly Bookings

Hourly ice	\$8.50 / hour	- Must purchase the same slot each week. Ice for May/June is purchased after the Bootbreakers schedule is posted in April.
Group classes (Edges, Stroking, etc)	\$5.00 / 15 minutes	- Includes ice and instruction fees

Deposits (Home Club Members only; Executive Members exempt)

Bingo Deposit	3 x \$75 cheques Dated Oct 1, Dec 1, Mar 1	- Cheques will be cashed; your account will be credited after each bingo is worked (\$75/bingo, \$25/late night bingo)
Sectionals Competition Deposit (1 st year juniors exempt)	\$200 cheque Dated Nov 1	- Each family must volunteer 8 hours at the competition or cheque will be cashed
Sunsational Competition Deposit	\$200 cheque Dated April 1	- Each family must volunteer 8 hours at the competition or cheque will be cashed

Additional Information

- The Skating School now runs until the end of June and includes Bootbreakers. Note that the Bootbreakers schedule will be different from the winter schedule and will be similar to previous years. Also note that we have breaks throughout the year, including 3 weeks off in May. All breaks and schedule changes have been considered when calculating monthly fees.
- Packages include all on-ice and off-ice sessions for the skater's level plus all camps, seminars, and off-season conditioning. Package skaters must attend all on-ice and off-ice sessions each day they skate.
- Registration and payment for packages must be done online. Membership fee will be charged at time of registration. Ice fees can be paid all at once or in monthly installments.
- Associate Members add 25%; additional Family Members deduct 25%.
- The Ice Palace FSC pays for coaches' expenses for selected competitions for Home Club Members.
- Visit our website regularly for information about schedule changes, camps, bingos, spring schedule, Bootbreakers schedule, etc.
- Refund Policy: Ice credits will be considered for serious medical circumstances substantiated by a medical certificate. A \$50.00 administration fee will be withheld. All other requests for refunds (ie – retired skater, club transfer, etc) will be subject to a cancellation penalty of two months' ice fees. Requests must be received in writing. Bingo and fundraising commitments must still be honored, and cheques will be cashed in the case of non-participation.

Ice Palace FSC – Session Request Form

Name:	<input type="checkbox"/> Sr A	<input type="checkbox"/> Sr B	<input type="checkbox"/> Int A	<input type="checkbox"/> Int B	<input type="checkbox"/> Jr	<input type="checkbox"/> Pair/Dance
Coach's signature:	**Your primary coach must approve your schedule prior to submitting this form					

Request your sessions by placing a check mark (✓) in the shaded area next to the session.

Package skaters who submit registration, deposit cheques, and this form by 6:00pm on August 5 will automatically be registered to skate in our Pre-Season Camp for no charge. All other package skaters pay \$100 to skate in the Camp.

Monday	
WEM	CLW
1:30 – 2:30pm Freeskate - Sr A	6:30 – 8:00pm Comp / AdultSkate
2:30 – 2:45 Flood	
2:45 – 3:30 Freeskate - Sr A	
3:30 – 3:45 Edges - Sr A	
3:45 – 4:00 Flood	
4:00 – 5:00 Freeskate - Sr A	
5:00 – 5:15 Flood	
5:15 – 6:15 Freeskate - Int B	
6:15 – 6:30 Edges - Int A/B, Sr B	
6:30 – 7:00 Spins - Int A/B, Sr A/B	
7:00 – 8:00 Freeskate - Int A, Sr A/B	

Tuesday	
TRC-a	TRC-b
1:45 – 2:45pm Freeskate - Sr A	4:15 – 5:00pm Freeskate - Sr B
2:45 – 3:00 Flood	4:15 – 6:00 Comp
3:00 – 3:45 Freeskate - Elite	5:15 – 6:00 Freeskate & Dance - Jr 11+
3:45 – 4:15 Edges - Sr A	6:00 – 6:15 Flood
4:15 – 4:30 Flood	6:15 – 6:45 Edges - Int B
4:30 – 5:15 Freeskate - Sr A	6:45 – 7:45 Freeskate - Int B
5:15 – 5:30 Flood	7:45 – 8:15 Spins - Int A/B
5:30 – 6:15 Freeskate - Jr U11	
6:15 – 6:45 Edges - Jr, Int A, Sr B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-b
1:15 – 2:15pm Freeskate - Sr A	3:45 – 4:15pm Dance / Skills - Int A
2:15 – 2:30 Flood	4:15 – 4:30 Spins - Int B
2:30 – 3:30 Freeskate - Elite	4:30 – 5:30 Freeskate - Int B
3:30 – 3:45 Flood	5:30 – 5:45 Flood
3:45 – 4:30 Freeskate - Sr A/B	5:45 – 6:15 Dance / Skills - Int B
4:30 – 5:00 Stroking - Int A, Sr A/B	5:45 – 7:15 Comp
5:00 – 5:15 Flood	6:45 – 7:15 Freeskate & Dance - Jr 11+
5:15 – 6:15 Freeskate - Int A, Sr A/B	
6:15 – 6:45 Spins - Int A, Sr A/B	
6:15 – 6:45 Edges - Jr	
6:45 – 7:30 Freeskate - Jr U11	

4:15 – 5:05pm Fitness - Int B	
5:10 – 6:10 Fitness - Sr A	
5:30 – 6:00 Jump Class - Int A, Sr B	

4:30 – 5:15pm Fundamentals - Jr U11	4:30 – 5:05pm Fundamentals - Jr 11+
5:15 – 6:05 Fitness - Int A, Sr B	5:30 – 6:00 Jump Class - Int B
5:25 – 6:25 Pilates - Sr A	

5:15 – 6:00pm Jump Class - Jr	
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Thursday	
WEM	CLW
1:15 – 1:45 Spins - Sr A	6:30 – 8:00pm Comp / AdultSkate
1:45 – 2:30 Freeskate - Sr A	
2:30 – 2:45 Flood	
2:45 – 3:45 Freeskate - Sr A	
3:45 – 4:00 Jump Alignment - Sr A	
4:00 – 4:15 Flood	
4:15 – 5:15 Freeskate - Sr A	
5:15 – 5:30 Flood	
5:30 – 6:15 Freeskate - Jr	
6:15 – 6:45 Jump Alignment - Jr, Int, Sr B	
6:45 – 7:45 B**	

Friday	
TRC-a	TRC-b
12:30 – 1:30pm Freeskate - Elite	3:45 – 4:45pm Comp
1:30 – 2:30 Freeskate - Sr A	4:45 – 5:45 Freeskate - Int B
2:30 – 2:45 Flood	5:45 – 6:00 Spins - Int B
2:45 – 3:45 Freeskate - Sr A	6:00 – 6:15 Stroking - Int B
3:45 – 4:00 Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:00 Flood	
5:00 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr U11, Int A, Sr B	
6:15 – 7:00 Freeskate - Jr U11	
7:00 – 7:30 Artistic Development - Jr U11	

Saturday	
WEM	CLW
8:00 – 9:00am Freeskate - Int B	9:45 – 10:45am Comp / AdultSkate
9:00 – 9:30 Spins - Int A/B, Sr A/B	10:45 – 11:00 Flood
9:30 – 10:15 Freeskate - Int A, Sr A/B	11:00 – 12:00 Comp / AdultSkate
10:15 – 10:30 Flood	12:00 – 12:45 Comp
10:30 – 11:15 Freeskate - Int A, Sr A/B	
11:15 – 11:30 Transitions - Int A, Sr A/B	
11:15 – 11:45 Edges - Jr	
11:45 – 12:30 Freeskate - Jr	
12:30 – 12:45 Stroking - Jr	

4:30 – 5:15pm Ballet / Gymnastics - Jr	
5:15 – 6:05 Flexibility - PreJuv, Juv, Sr B	
5:25 – 6:25 Ballet - Sr A	

5:05 – 5:50pm Ballet - Jr U11	6:20 – 7:20 Ballet - Int B
6:20 – 7:20 Ballet - Int A, Sr B	

9:35 – 10:20am Gymnastics - Int B	
10:20 – 11:05 Gymnastics - Jr	
11:35 – 12:20 Gymnastics - Int A, Sr B	

Ice Palace FSC – Registration Form (HOURLY BOOKINGS ONLY)

****Hourly skaters submit this form**

****Package skaters register online and do not submit this form**

Note: This form is for September-April ice only; ice for Bootbreakers is purchased after the schedule is posted in April.

Name:	Address:	City/Postal:
Parent/Guardian:	Phone (day):	Phone (evening):
E-mail:	Health Care #:	Skate Canada #:
Highest Test Passed:	Birth Date:	Coach:
Membership Fee		
<input type="checkbox"/> Home Club Membership	<input type="checkbox"/> Associate Membership	\$ 75.00
Hourly Bookings		
Regular sessions: # of hours per week _____ x \$8.50/hour x 30 weeks + Group classes: # of hours per week _____ x \$20.00/hour x 30 weeks <i>**Associate Members add 25%</i> <i>**Additional Family Members deduct 25% from 2nd child</i>		\$
Payment		
<input type="checkbox"/> Yearly Ice Fee	\$	Divide yearly ice fee into 8 monthly installments and submit post-dated cheques (dated Sept 1–Apr 1)
<input type="checkbox"/> Membership Fee	\$ 75.00	Add to September ice cheque
<input type="checkbox"/> Bingo Deposit	3 x \$75.00	Add \$75 to October, December, and March ice cheques
<input type="checkbox"/> Sectionals Deposit (1 st year juniors exempt)	\$ 200.00	Provide cheque dated November 1
<input type="checkbox"/> Sunsational Deposit	\$ 200.00	Provide cheque dated April 1
Liability Waiver and Release		
<p>I agree that the Ice Palace Figure Skating Club and/or its directors and coaches will not be held responsible for any accident or loss, however caused, and for any damages which may arise from such accident or loss. Further, I agree to abide by the Rules and Regulations of Skate Canada and the Ice Palace Figure Skating Club as set down by the Board of Directors. I give permission for the Ice Palace Figure Skating Club to publish the registrant's name, club information, and/or photo in club publications, newsletters, advertisements, social media, and website. I understand that there shall be no refunds in the event that skating sessions are cancelled due to mechanical failure, tests, or other club activities. I accept full financial responsibility for this application form and agree to the Ice Palace FSC refund policy.</p> <p><u>Refund Policy:</u> Ice credits will be considered for serious medical circumstances substantiated by a medical certificate. A \$50.00 administration fee will be withheld. All other requests for refunds (ie – retired skater, club transfer, etc) will be subject to a cancellation penalty of two months' ice fees. Requests must be received in writing. Bingo and fundraising commitments must still be honored, and cheques will be cashed in the case of non-participation.</p>		
Athlete Signature (Parent/Guardian if under 18):		Date:

Drop off at the Ice Palace mail slot or mail to: Box 63007 West Edmonton Mall Post Office; Edmonton, AB; T5T 5X1

Member Deadline: 6:00pm on August 5, 2016

