

Ice Palace FSC – Bootbreakers Session Request Form

Name:	<input type="checkbox"/> Sr A	<input type="checkbox"/> Sr B	<input type="checkbox"/> Int A	<input type="checkbox"/> Int B	<input type="checkbox"/> Jr	<input type="checkbox"/> Pair/Dance
-------	-------------------------------	-------------------------------	--------------------------------	--------------------------------	-----------------------------	-------------------------------------

Request your sessions by placing a check mark (✓) in the shaded area next to the session. Drop off at the Ice Palace mail slot by April 22nd.

Monday				Tuesday				Wednesday			
TRC		TRC		TRC		TRC		TRC		TRC	
1:45 - 2:45pm Freeskate - Sr A		5:00 - 5:45pm Freeskate - Jr		12:30 - 1:30pm Freeskate - Sr A		5:00 - 5:45pm Freeskate - Jr		1:45 - 2:45pm Freeskate - Sr A		5:00 - 5:45pm Freeskate - Jr	
2:45 - 3:00 Flood		5:45 - 6:15 Edges - Jr, Int B		1:30 - 1:45 Flood		5:45 - 6:15 Edges - Jr, Int B		2:45 - 3:00 Flood		5:45 - 6:15 Edges - Jr, Int B	
3:00 - 3:45 Freeskate - Sr A		6:15 - 8:00 Comp Dance		1:45 - 2:45 Freeskate - Sr A		6:15 - 8:00 Comp Dance		3:00 - 3:45 Freeskate - Sr A		6:15 - 8:00 Comp Dance	
3:45 - 4:00 Flood		7:15 - 8:00 Freeskate - Sr B		2:45 - 3:00 Flood		7:15 - 8:00 Freeskate - Sr B		3:45 - 4:00 Flood		7:15 - 8:00 Freeskate - Sr B	
4:00 - 5:00 Freeskate - Sr A				3:00 - 3:45 Freeskate - Sr A				4:00 - 5:00 Freeskate - Sr A			
5:00 - 5:30 Stroking - Int A, Sr A/B				3:45 - 4:15 Edges - Sr A				5:00 - 5:30 Stroking - Int A, Sr A/B			
5:30 - 5:45 Flood				4:15 - 4:30 Flood				5:30 - 5:45 Flood			
5:45 - 6:30 Free - Int A, Sr A/B				4:30 - 5:15 Freeskate - Sr A/B				5:45 - 6:30 Free - Int A, Sr A/B			
6:30 - 7:00 Spins - Int A/B, Sr A/B				5:15 - 5:30 Flood				6:30 - 7:00 Spins - Int A/B, Sr A/B			
7:00 - 7:45 Freeskate - Int B				5:30 - 6:30 Freeskate - Int B				7:00 - 7:45 Freeskate - Int B			
				6:30 - 7:00 Edges - Int A/B, Sr B							
				7:00 - 8:00 Freeskate - Int A, Sr B							
		6:25 - 7:25pm Off-ice - Jr		4:15 - 5:15pm Off-ice - Int B						6:25 - 7:25pm Off-ice - Jr	
				4:25 - 5:25 Off-ice - Sr A							
				5:15 - 6:15 Off-ice - Int A							
				5:25 - 6:20 Off-ice - Sr A/B							

Thursday				Friday			
TRC		TRC		TRC		TRC	
12:30 - 1:30pm Freeskate - Sr A				1:45 - 2:45pm Freeskate - Sr A		5:00 - 5:45pm Freeskate - Jr	
1:30 - 1:45 Flood				2:45 - 3:00 Flood		5:45 - 6:15 Edges - Jr, Int B	
1:45 - 2:45 Freeskate - Sr A				3:00 - 3:45 Freeskate - Sr A		6:15 - 8:00 Comp Dance	
2:45 - 3:00 Flood				3:45 - 4:00 Flood		7:15 - 8:00 Freeskate - Sr B	
3:00 - 3:45 Freeskate - Sr A				4:00 - 5:00 Freeskate - Sr A			
3:45 - 4:15 Edges - Sr A				5:00 - 5:30 Stroking - Int A, Sr A/B			
4:15 - 4:30 Flood				5:30 - 5:45 Flood			
4:30 - 5:15 Freeskate - Sr A/B				5:45 - 6:30 Free - Int A, Sr A/B			
5:15 - 5:30 Flood				6:30 - 7:00 Spins - Int A/B, Sr A/B			
5:30 - 6:30 Freeskate - Int B				7:00 - 7:45 Freeskate - Int B			
6:30 - 7:00 Edges - Int A/B, Sr B							
7:00 - 8:00 Freeskate - Int A, Sr B							
						6:25 - 7:25pm Off-ice - Jr	
				4:15 - 5:15pm Off-ice - Int B			
				4:25 - 5:25 Off-ice - Sr A			
				5:15 - 6:15 Off-ice - Int A			
				5:25 - 6:20 Off-ice - Sr A/B			



ICEPALACE
FIGURE SKATING CLUB