

Ice Palace FSC – Bootbreakers Session Request Form

Name:	<input type="checkbox"/> Sr A	<input type="checkbox"/> Sr B	<input type="checkbox"/> Int A	<input type="checkbox"/> Int B	<input type="checkbox"/> Jr	<input type="checkbox"/> Pair/Dance
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Request your sessions by placing a check mark (✓) in the shaded area next to the session. Drop off at the Ice Palace mail slot by April 20th.

Monday		
TRC		TRC
1:45 - 2:45pm		5:00 - 5:45pm
Freestyle - Sr A		Freestyle - Jr
2:45 - 3:00		5:45 - 6:15
Flood		Edges - Jr, Int B
3:00 - 3:45		6:15 - 8:00
Freestyle - Sr A		Comp Dance
3:45 - 4:00		7:15 - 8:00
Flood		Freestyle - Sr B
4:00 - 5:00		
Freestyle - Sr A/B		
5:00 - 5:30		
Stroking - Int A, Sr A/B		
5:30 - 5:45		
Flood		
5:45 - 6:30		
Freestyle - Int A, Sr A/B		
6:30 - 7:00		
Spins - Int A/B, Sr A/B		
7:00 - 7:45		
Freestyle - Int B		

Tuesday		
WEM		
12:30 - 1:30pm		
Freestyle - Sr A		
1:30 - 1:45		
Flood		
1:45 - 2:45		
Freestyle - Sr A		
2:45 - 3:00		
Flood		
3:00 - 3:45		
Freestyle - Sr A/B		
3:45 - 4:15		
Edges - Sr A/B		
4:15 - 4:30		
Flood		
4:30 - 5:15		
Freestyle - Sr A/B		
5:15 - 5:30		
Flood		
5:30 - 6:30		
Freestyle - Int B		
6:30 - 7:00		
Edges - Int A/B, Sr B		
7:00 - 8:00		
Freestyle - Int A, Sr B		

Wednesday		
TRC		TRC
1:45 - 2:45pm		5:00 - 5:45pm
Freestyle - Sr A		Freestyle - Jr
2:45 - 3:00		5:45 - 6:15
Flood		Edges - Jr, Int B
3:00 - 3:45		6:15 - 8:00
Freestyle - Sr A		Comp Dance
3:45 - 4:00		7:15 - 8:00
Flood		Freestyle - Sr B
4:00 - 5:00		
Freestyle - Sr A/B		
5:00 - 5:30		
Stroking - Int A, Sr A/B		
5:30 - 5:45		
Flood		
5:45 - 6:30		
Freestyle - Int A, Sr A/B		
6:30 - 7:00		
Spins - Int A/B, Sr A/B		
7:00 - 7:45		
Freestyle - Int B		

		6:25 - 7:25pm
		Off-ice - Jr

4:15 - 5:15pm		
Off-ice - Int B		
4:25 - 5:25		
Off-ice - Sr A		
5:25 - 6:20		
Off-ice - Int A, Sr A/B		

		6:25 - 7:25pm
		Off-ice - Jr

Thursday		
WEM		
12:30 - 1:30pm		
Freestyle - Sr A		
1:30 - 1:45		
Flood		
1:45 - 2:45		
Freestyle - Sr A		
2:45 - 3:00		
Flood		
3:00 - 3:45		
Freestyle - Sr A/B		
3:45 - 4:15		
Edges - Sr A/B		
4:15 - 4:30		
Flood		
4:30 - 5:15		
Freestyle - Sr A/B		
5:15 - 5:30		
Flood		
5:30 - 6:30		
Freestyle - Int B		
6:30 - 7:00		
Edges - Int A/B, Sr B		
7:00 - 8:00		
Freestyle - Int A, Sr B		

Friday		
TRC		TRC
1:45 - 2:45pm		5:00 - 5:45pm
Freestyle - Sr A		Freestyle - Jr
2:45 - 3:00		5:45 - 6:15
Flood		Edges - Jr, Int B
3:00 - 3:45		6:15 - 8:00
Freestyle - Sr A		Comp Dance
3:45 - 4:00		7:15 - 8:00
Flood		Freestyle - Sr B
4:00 - 5:00		
Freestyle - Sr A/B		
5:00 - 5:30		
Stroking - Int A, Sr A/B		
5:30 - 5:45		
Flood		
5:45 - 6:30		
Freestyle - Int A, Sr A/B		
6:30 - 7:00		
Spins - Int A/B, Sr A/B		
7:00 - 7:45		
Freestyle - Int B		

4:15 - 5:15pm		
Off-ice - Int B		
4:25 - 5:25		
Off-ice - Sr A		
5:25 - 6:20		
Off-ice - Int A, Sr A/B		

		6:25 - 7:25pm
		Off-ice - Jr



ICEPALACE
FIGURE SKATING CLUB