



ICEPALACE

FIGURE SKATING CLUB

POWERSKATE

POWERSKATE is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, power, agility, speed and endurance.

Participants must be 6-9 years old as of April 1, 2019.

Skaters must be proficient in forward skating, backward skating, stopping and outside edges.

Wednesdays - West Edmonton Mall

April 3 - May 29

6:15 pm - 7:15 pm

\$180 (9 weeks)



FUN. FITNESS. ACHIEVEMENT.

**Register for 2 or more classes per week and receive 20% off each additional class!
Families with 2 or more siblings in this program will receive 10% off for each sibling!**

Skate Canada Membership \$35.65 / year (skating year is September 1-August 31)
No refunds or make-up classes
Equipment required: skates with laces, hockey helmet, gloves, blades sharpened

Terwillegar Recreation Centre
2051 Leger Road
Edmonton

West Edmonton Mall
8882 - 170 Street
Edmonton



icepalace.ca

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