



Figure Skating Program

Welcome to the Ice Palace Figure Skating Club! Our Skating School runs from September-June and our Summer Camps run from July-August. In order to ensure a positive and successful skating experience, please adhere to the following guidelines.

- Payment for coaching is due within 7 days of billing date. Skaters will not receive lessons if payment is outstanding. Skaters will be billed for lessons, competitions, tests, meetings, music editing, etc. Please get this billing structure from your coach.
- A minimum of 24 hours notice must be given if you cannot attend a scheduled lesson. Missed lessons that have not been cancelled in advance will be charged a cancellation fee.
- Skaters will not be permitted on the ice if their Club account is not in good standing.
- Skaters should commit to an energized work ethic that enhances our training environment. Disruptive or inappropriate behavior will not be tolerated.
- Skaters are expected to be on time for all on-ice and off-ice sessions and to train throughout the entire session. In order for skaters to reach their full potential, it is expected that they attend all on-ice and off-ice sessions for their level on each day they skate.
- Parents are not permitted to enter the rink area during a skating session unless assisting with skate tying or at the request of a coach.
- Please do not interrupt coaches while they are coaching.
- Parents may not talk to the skaters on the ice. Interrupting focus during a moving session is considered hazardous and disruptive. It is unacceptable to coach your child or anyone else's child during any session.
- Parents may not watch off-ice classes.
- Your primary coach is responsible for all aspects of your child's training and is open to answering any questions or concerns you may have regarding your child's development. Feel free to contact your coach at an appropriate time, or make an appointment if necessary. Please note that coaches may bill for these meetings.
- Skaters must wear proper skating attire (no loose fitted clothing, hoodies, etc). Equipment needed for off-ice classes are good cross-training runners, a yoga mat, and ballet slippers.
- Nutrition is a key factor to athletic success. Please pack healthy snacks to ensure adequate energy levels. No junk food at the arena.
- Skaters will progress quicker with proper equipment. Be sure to talk to your coach before purchasing new boots or blades in order to ensure they are the best fit for your child.
- Visit our website at www.icepalace.ca for newsletters, Calendar of Events, schedule changes, and other important information.