

Ghislain Briand Seminar June 11-12, 2019



We are excited to announce that Olympic Coach **Ghislain Briand** will be at the Ice Palace FSC to conduct a seminar focusing on jump technique. Ghislain is an NCCP National Coach with over 35 years of coaching experience. He coaches several international champions and is one of the coaches for 2-time Olympic Champion Yuzuru Hanyu!

Tuesday, June 11		Wednesday, June 12	
WEM		TRC-C	TRC-A
12:30-1:30pm Sr A - Freeskate		12:30-1:30pm Sr A - Freeskate	5:15-6:00pm Jr - Technical
Flood		Flood	6:00-6:30
1:45-2:35 Sr A - Technical		1:45-2:35 Sr A - Technical	Jr / Int B - Theatre
Flood		Flood	6:30-8:00 Comp Dance
2:50-3:40 Sr A - Technical		2:50-3:40 Sr A - Technical	
Flood	OFF-ICE	Flood	OFF-ICE
4:00-5:00 Int A/Sr B - Technical	3:55-4:55pm Sr A - Off-ice	4:00-5:00 Int A/Sr B - Technical	3:45-4:25pm Sr A - Off-ice
Flood	5:15-6:15 Int A/Sr B - Off-ice	5:00-5:45 Int B - Freeskate	5:10-5:55 Int A/Sr B - Off-ice
5:15-6:15 Int B - Technical	6:30-7:00 Int B - Off-ice	Flood	6:40-7:35 Jr - Off-ice
Flood			
6:30-7:15 Int A/Sr B - Technical		6:10-6:55 Int A/Sr B - Technical	
7:15-8:00 Int B - Technical		6:55-7:45 Int B - Technical	

***Ghislain will teach all "Technical" sessions; all other sessions will be regular training sessions*

***All off-ice harness lessons are cancelled on Wed Jun 12*

Lessons:

Tue 12:30-1:00pm
Matthew, Madison, Hye Jin
Tue 1:00-1:30pm
Aurora, Eric, Brian

Lessons:

Wed 12:30-1:00pm
Carys, Triena, Kayleigh
Wed 1:00-1:30pm
Adele, Mikala, Karen, Amy