



ICEPALACE

FIGURE SKATING CLUB

POWERSKATE

POWERSKATE is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, power, agility, speed and endurance.

*Participants must be 5-10 years old as of September 1, 2019
Skaters must be proficient in forward skating, backward skating, stopping and outside edges*

Wednesdays - West Edmonton Mall

September 11 - December 4

6:15pm - 7:15pm

\$ 260 (13 weeks)



FUN. FITNESS. ACHIEVEMENT.

**Register for 2 or more classes per week and receive 20% off each additional class!
Families with 2 or more siblings in this program will receive 10% off for each sibling!**

Terwillegar Rec Centre - 2051 Leger Road
West Edmonton Mall - 8882-170 Street

Skate Canada Membership \$43.65 / year (skating year is September 1-August 31)

No refunds or make-up classes

Equipment required: helmet, skates with laces, warm clothing, and gloves/mittens



icepalace.ca

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