



# ICEPALACE

FIGURE SKATING CLUB

## POWERSKATE

**POWERSKATE** is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, power, agility, speed and endurance.

*Participants must be 5-10 years old as of January 1, 2020  
Skaters must be proficient in forward skating, backward skating, and stopping*

**Wednesdays - West Edmonton Mall**

January 8 - March 18

6:15pm - 7:15pm

\$ 200 (10 classes)

\*No class March 11



**FUN. FITNESS. ACHIEVEMENT.**

**Register for 2 or more classes per week and receive 20% off each additional class!  
Families with 2 or more siblings in this program will receive 10% off for each sibling!**

Terwillegar Rec Centre - 2051 Leger Road  
West Edmonton Mall - 8882-170 Street

Skate Canada Membership \$43.65 / year (skating year is September 1-August 31)  
No refunds or make-up classes  
Equipment required: helmet, skates with laces, warm clothing, and gloves/mittens



[icepalace.ca](http://icepalace.ca)

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