

Bootbreakers Session Request Form

May 11 - June 25, 2020

Skater:
Coach:

Sr A

Sr B

Int A

Int B

Jr

Pair/Dance

Select your sessions by clicking in the shaded area next to the session to place a check mark (✓).

Monday			Tuesday			Wednesday		
WEM			TRC			TRC		
12:30 - 1:30pm			1:00 - 2:00pm			4:15 - 5:15pm		
Freeskate - Sr A			Freeskate - Sr A			Freeskate - Int A/B		
Flood			Flood			5:15 - 5:30		
1:45 - 2:30			2:15 - 3:15			Spins - Int A/B		
Freeskate - Sr A			Freeskate - Sr A			5:30 - 6:00		
Flood			Flood			Stroking - Int A/B		
2:45 - 3:45			3:30 - 4:15			Flood		
Freeskate - Sr A/B			Freeskate - Sr A/B			6:15 - 7:15		
3:45 - 4:00			4:15 - 4:45			Freeskate - Sr B		
Edges - Sr A/B			Stroking - Sr, Comp + Juv 26			6:15 - 8:00		
Flood			Flood			Comp		
4:15 - 5:00			5:00 - 6:00					
Freeskate - Sr A/B			Freeskate - Sr A/B + Juv 26			5:00 - 6:00		
5:00 - 6:00			6:00 - 6:30			Freeskate - Sr A/B + Juv 26		
Freeskate - Int B			Spins - Sr A/B + Juv 26			6:00 - 6:30		
Flood			6:00 - 6:30			Spins - Sr A/B + Juv 26		
6:15 - 6:30			Edges - Jr			6:00 - 6:30		
Edges - Int A/B			Freeskate - Jr			Edges - Jr		
6:30 - 7:00						6:30 - 7:30		
Spins - Int A/B, Sr A/B						Freeskate - Jr		
7:00 - 8:00								
Freeskate - Int A, Sr A/B								

OFF-ICE			OFF-ICE			OFF-ICE		
4:00 - 4:50pm			4:45 - 5:45pm			4:45 - 5:45pm		
Ballet - Int B			Off-ice - Jr			Off-ice - Jr		
4:15 - 5:15								
Fitness - Sr A								
5:00 - 6:00								
Ballet - Int A								
5:15 - 6:15								
Fitness - Sr A/B								

Thursday			Friday		
WEM			TRC		
12:30 - 1:30pm			1:00 - 2:00pm		
Freeskate - Sr A		6:30 - 8:00am	Freeskate - Sr A		4:15 - 5:15pm
Flood		Comp / AdultSkate	Flood		Freeskate - Int A/B
1:45 - 2:30			2:15 - 3:15		5:15 - 5:30
Freeskate - Sr A			Freeskate - Sr A		Spins - Int A/B
Flood			Flood		5:30 - 6:00
2:45 - 3:45			3:30 - 4:15		Stroking - Int A/B
Freeskate - Sr A/B			Freeskate - Sr A/B		Flood
3:45 - 4:00			4:15 - 4:45		6:15 - 7:15
Edges - Sr A/B			Stroking - Sr, Comp + Juv 26		Freeskate - Sr B
Flood			Flood		6:15 - 8:00
4:15 - 5:00			5:00 - 6:00		Comp
Freeskate - Sr A/B			Freeskate - Sr A/B + Juv 26		
5:00 - 6:00			6:00 - 6:30		
Freeskate - Int B			Spins - Sr A/B + Juv 26		
Flood			6:00 - 6:30		
6:15 - 6:30			Edges - Jr		
Edges - Int A/B			6:30 - 7:30		
6:30 - 7:00			Freeskate - Jr		
Spins - Int A/B, Sr A/B					
7:00 - 8:00					
Freeskate - Int A, Sr A/B					

OFF-ICE			OFF-ICE		
4:00 - 4:50pm			4:45 - 5:45pm		
Fitness - Int B			Off-ice - Jr		
4:15 - 5:15pm					
Ballet - Sr A					
5:00 - 6:00pm					
Fitness - Int A					
5:15 - 6:15pm					
Ballet - Sr A/B					

Email this form to info@icepalace.ca

Deadline for IPFSC members - April 10