



# ICEPALACE

FIGURE SKATING CLUB

icepalace.ca

## Bootbreakers May 11 - June 25, 2020

Mon / Thur		Tue / Wed / Fri		
WEM	TRC	TRC	TRC	
12:30 - 1:30pm Freeskate - Sr A	6:30 - 8:00am Comp / AdultSkate (Thur)	1:00 - 2:00pm Freeskate - Sr A	4:15 - 5:15pm Freeskate - Int A/B	
Flood		Flood	5:15 - 5:30	
1:45 - 2:30 Freeskate - Sr A		2:15 - 3:15 Freeskate - Sr A	5:30 - 6:00	
Flood		Flood	5:30 - 6:00 Stroking - Int A/B	
2:45 - 3:45 Freeskate - Sr A/B		3:30 - 4:15 Freeskate - Sr A/B	Flood	
3:45 - 4:00 Edges - Sr A/B		4:15 - 4:45 Stroking - Sr, Comp + Juv 26	6:15 - 7:15 Freeskate - Sr B	
Flood		Flood	6:15 - 8:00 Comp	
4:15 - 5:00 Freeskate - Sr A/B		5:00 - 6:00 Freeskate - Sr A/B + Juv 26		
5:00 - 6:00 Freeskate - Int B		6:00 - 6:30 Spins - Sr A/B + Juv 26		
Flood		6:00 - 6:30 Edges - Jr		
6:15 - 6:30 Edges - Int A/B		6:30 - 7:30 Freeskate - Jr		
6:30 - 7:00 Spins - Int A/B, Sr A/B				
7:00 - 8:00 Freeskate - Int A, Sr A/B				
OFF-ICE		OFF-ICE		
4:00 - 4:50pm Ballet (M), Fitness (Th) - Int B			4:45 - 5:45pm Off-ice - Jr	
4:15 - 5:15 Fitness (M), Ballet (Th) - Sr A				
5:00 - 6:00 Ballet (M), Fitness (Th) - Int A				
5:15 - 6:15 Fitness (M), Ballet (Th) - Sr A/B				

\*Sr A skaters will be placed on a minimum of 10 freeskate sessions per week; Elite skaters landing triple jumps will have priority for # of sessions.

\*Sr B skaters will be placed on a maximum of 10 freeskate sessions per week and may be required to skate on some evening sessions each week. There are limited spots for Sr B skaters on the early Sr A/B sessions; priority will go to skaters with highest scores.