

# Virtual Off-ice Classes Junior Academy & JumpStart April 20 – June 12, 2020

We are excited to announce that we will be offering online training sessions using Zoom! Zoom is easy to use and allows you to train from home while being led by our wonderful instructors.

# Junior Academy & JumpStart \* Strength \* Flexibility \* Skating Technique

#### Option 1:

April 20 – June 12 Mondays, Wednesdays, and Fridays 1:30 – 2:15pm \$70 for 24 classes

#### Option 2:

April 20 – June 12 Mondays, Wednesdays, and Fridays 5:00 – 5:45pm \$70 for 24 classes

#### Drop-In

\$5 per class

\*\*Contact the office to check if space is available\*\*

## **Register here!**

## Deadline to register - Saturday, April 18

\*\*After you register, you will receive an email with a link to join the online sessions. Note that you do not need to pay to upgrade your Zoom account as the free basic version will work for these classes. Check it out at <a href="https://zoom.us">https://zoom.us</a>.

