

# JUNIOR ACADEMY JUMPSTART

**HEALTH & SAFETY** The Ice Palace Figure Skating Club has taken a thoughtful approach to a phased reopening that prioritizes the health and safety of our members. We are committed to ensuring that all of our activities adhere to all federal, provincial, and municipal regulations and will take every precaution to ensure the health and safety of our members.

#### **HEALTH & SAFETY PROTOCOLS HERE**

JUNIOR ACADEMY & JUMPSTART are introductory figure skating programs for children who show potential to excel in figure skating.

This program teaches basic figure skating skills in a small group by a Skate Canada Certified Coach.

Skaters must be 14 years old or younger as of July 1, 2020 (born after July 1, 2005)

Skaters must be invited into this program; contact us for an evaluation

## Mondays & Wednesdays - West Edmonton Mall

July 20 - August 19 (9 classes) 4:00pm - 4:45pm Off-ice ( **Zoom**) 6:00pm - 7:00pm On-ice

\*No class Mon Aug 3

## Tuesdays & Thursdays - West Edmonton Mall

July 21 - August 20 (10 classes)

4:00pm - 4:45pm Off-ice ( **Zoom**) 6:00pm - 7:00pm On-ice



#### FUN. FITNESS. ACHIEVEMENT.

Option 1: Mondays & Wednesdays - \$175 Option 2: Tuesdays & Thursdays - \$195

Option 3: Mondays, Tuesdays, Wednesdays & Thursdays - \$320

Families with 2 or more siblings in this program will receive 10% off for each sibling Skate Canada Membership \$43.65 / year (skating year is September 1-August 31) No refunds or make-up classes

Equipment required: figure skates, gloves, blades sharpened, running shoes







### **OFF-ICE CLASS**

\*\*Off-ice classes will be online using Zoom. Zoom is easy to use and allows you to train from hon while improving balance, strength, flexibility and skating technique!



















