

SUMMER CAMP 2021 AUGUST 9-27

icepalace.ca info@icepalace.ca

## DIRECTED BY RAVI WALIA OLYMPIC & WORLD COACH 2018 SKATE CANADA COACH OF THE YEAR

- International-level coaches help you achieve your full potential
- Strict safety protocols in accordance with Alberta Health Services
- Events include Theme Days, Simulations, Club Competition, and Test Day



# HOME OF NATIONAL AND INTERNATIONAL CHAMPIONS INCLUDING KAETLYN OSMOND 3-TIME OLYMPIC MEDALIST & 2018 WORLD CHAMPION



MEMBER DEADLINE: JULY 27

## SCHEDULE

CAMP 1	CAMP 2	CAMP 3	
August 9-11 &13 West Edmonton Mall *No skating on Aug 12	August 18-20 Bill Hunter Arena **Groups 1-3 only (no skating for Group 4)	August 23-27 West Edmonton Mall	

Mon / Tue / Wed / Thu / Fri					
Group 1	Group 2 & 3 Group 4				
11:15 - 11:30am	8:45 - 9:45am	3:45 - 4:15pm			
Skating Skills	Freeskate	Stroking / Edge			
11:30 - 12:30	Flood	4:15 - 5:15			
Freeskate	10:00 - 10:45	Freeskate			
Flood	Freeskate				
12:45 - 1:45	10:45 - 11:00				
Freeskate	Stroking / Edge				
1:45 - 2:00					
Spins					
2:00 - 2:15					
Stroking / Edge					
Mon / Wed / Fri					
Off-ice					
Mon - 3:15 - 4:15pm	Mon - 11:50am - 12:50pm	Mon - 2:00 - 2:45pm			
Zumba	Zumba	Fitness			
Wed - 6:00 - 7:00pm	Wed - 6:00 - 7:00pm	Wed - 2:00 - 2:45pm			
Flexibility (Zoom)	Flexibility (Zoom)	Jump Class			
Fri - 3:15 - 4:15pm	Fri - 11:50am - 12:50pm	Fri - 2:00 - 2:45pm			
Fitness	Fitness	Dance Party			

<sup>\*\*</sup>All classes will take place outdoors at Callingwood Arena with the exception of the Wednesday 6:00pm Group 1-3 class. If the weather is not appropriate for an outdoor class, you will receive an email to notify you that the class will move to Zoom.

CALENDAR OF EVENTS				
Aug 11	Wild West Day			
Aug 17	Pick-up ice may be available; details TBA			
Aug 20	Iconic Duos Day			
Aug 25	80s Day			
Aug 27	Performance Day			
Aug 30-31	Pick-up ice may be available; details TBA			



PACKAGE FEES					
	Camp 1 Aug 9-11 & 13 WEM	Camp 2 Aug 18-20 Bill Hunter	Camp 3 Aug 23-27 WEM		
Group 1	\$ 180	\$ 130	\$ 215		
Group 2 & 3	\$ 145	\$ 105	\$ 170		
Group 4	\$ 115	-	\$ 135		

### ADDITIONAL INFORMATION

- Packages include all on-ice and off-ice sessions for your level, including Stroking and Edge Classes.
- Skaters will be assigned to a training group based on several factors. After registration is complete, it is possible that skaters may be moved to different groups based on the number of skaters on the ice.
- Payment is made in two equal installments: 1<sup>st</sup> installment at time of registration, 2<sup>nd</sup> installment on August 9<sup>th</sup>.
- > Associate and Non-Members add 25% (packages only). Additional family members receive 25% discount.
- In order to receive our discounted package rate, skaters must attend all off-ice sessions. Skaters missing off-ice classes without permission will not be permitted to skate.
- Contact the office to book sessions by the hour. Note that priority is given to skaters purchasing a package.
- The Ice Palace Figure Skating Club is committed to ensuring the health and safety of our members. All individuals must comply with our safety protocols which are posted on our website.
- Refund Policy: refunds will be considered for serious medical circumstances substantiated by a medical certificate. A \$50.00 administration fee will be withheld. Requests must be received in writing. There shall be no refunds in the event that skating sessions are cancelled due to mechanical failure or club activities. No makeup sessions are offered due to absences.





#### **COACHING TEAM**



The Ice Palace FSC has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Please visit our website for more information about our exceptional coaches.



Ravi Walia, ChPC, BAdmin Olympic & World Coach 2-time Skate Canada Coach of the Year ISU Level Technical Specialist



Shirley Solkowski, BEd NCCP National Coach Certification Competitive Dance & Edge Specialist 34 years coaching experience



Jessica Gosse NCCP National Coach Certification Coach of National Medalists 25 years coaching experience



Lynne Koper
NCCP Level 5 Certification
Competitive Dance & Edge Specialist
Over 30 years coaching experience



Antoinette Hempel-Bakker NCCP National Coach Certification Professional skater with Disney on Ice 7 years coaching experience



Sylvie Wandzura, BPhEd NCCP Level 5 Certification Coach of National Medalists 30 years coaching experience



**Ekaterina Gordeeva**NCCP Provincial Coach Trained
2-time Olympic Champion
15 years coaching experience



Christina Penkov NCCP Provincial Coach Trained 5-time National Ice Dance Competitor 7 years coaching experience





Questions about our Summer Camp?

Amanda Pess, Office Manager
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