

The Ice Palace Figure Skating Club is committed to the health and safety of our members and encourages everyone to work together to ensure a safe environment.

<b>SAFETY PROTOCOLS</b> <b>SKATING SCHOOL</b>	
Self-screening	<p>All attendees, including participants, parents, and coaches must screen themselves using the Alberta Health Daily Checklist before arriving at the facility. Individuals must not attend any training sessions or club activities if they:</p> <ul style="list-style-type: none"> <li>• Exhibit any COVID-19 symptoms</li> <li>• Are legally required to quarantine or isolate</li> </ul>
Personal Protective Equipment (PPE)	All individuals are required to wear a face mask whenever they are not on the ice. Wearing a face mask on the ice is optional.
Parents / Spectators	Parents should proceed directly to the spectator area upon entering the facility. Parents are not permitted in the participant areas unless assisting their child with skate tying.
Physical Distancing	Individuals should maintain a physical distance of two metres at all times.
Coaching	Coaching should be done using verbal cues as much as possible. Brief contact is permitted when it is required to correct form. Coaches are required to wear a mask when coaching children 11 years of age and younger.
Harness	The use of harness is permitted following the guidelines set out by Skate Canada: Alberta-NWT/Nunavut.
Compliance with regulations / Waiver	All individuals must comply with the most current version of these <i>Return to Play</i> protocols established by the Ice Palace Figure Skating Club. Non-compliance may result in removal from training sessions without a refund. An Assumption of Risk and Waiver form must be completed by each participant (including staff, skaters, and coaches) prior to participation in any activities.