

PowerSkate - Summer 2022

PowerSkate is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, power, agility, speed and endurance.

Program Requirements

- Participants must be 5-12 years old as of July 1, 2022
- Skaters must be proficient in forward skating, backward skating, and stopping

Registration Details & Discount

- There is a 20% discount for each additional day you register for including CanSkate classes
- Families with 2 or more siblings in this program will receive 10% discount for each sibling

Wednesday Terwillegar Rec Centre

Dates: July 6 - August 24

Time: 6:30 - 7:30pm

Cost: \$160 (8 classes)

***This class will use half of the ice surface.**



FUN. FITNESS. ACHIEVEMENT.

Equipment required: helmet, skates with laces, guards for blades, warm clothing, gloves/mittens

Skate Canada Membership \$43.65 / year (skating year is September 1-August 31)

No refunds or make-up classes



Bright Dental

