

CanSkate - Fall 2022

CanSkate is Skate Canada's learn-to-skate program where beginners are taught in a small group by a Skate Canada Certified Coach. This program teaches fundamental skills to give children the best foundation for figure skating, hockey, ringette, speed or recreational skating.

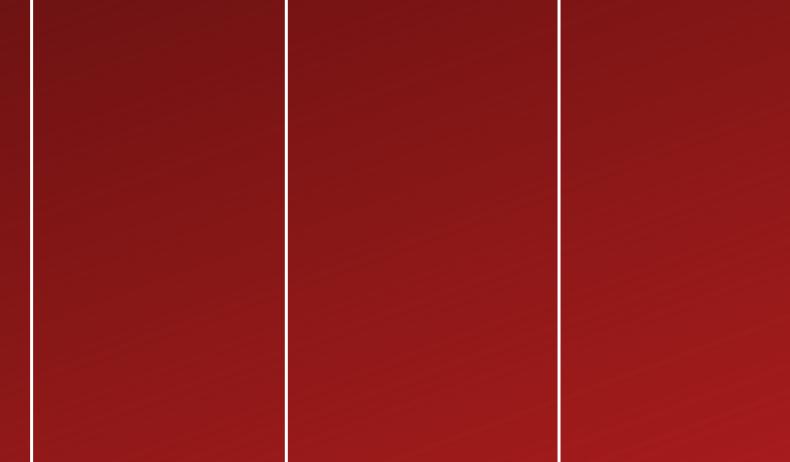
Program Requirements

- Participants must be 4 to 14 years old as of September 1, 2022
- Skaters who are under 4 years old and have already taken Pre-CanSkate may register for CanSkate

Registration Details and Discount

- There is a 20% discount for each additional day you register for
- Families with 2 or more siblings in this program will receive a 10% discount for each sibling
- 2-3 classes per week recommended for accelerated progress

Monday Terwillegar Rec Centre	Tuesday West Edmonton Mall	Wednesday West Edmonton Mall	Thursday Terwillegar Rec Centre	Saturday Terwillegar Rec Centre	Sunday Terwillegar Rec Centre
<u>Option 1</u>	Option 1	<u>Option 1</u>	<u>Option 1</u>	<u>Option 1</u>	<u>Option 1</u>
Dates: Sept 12 - Dec 12	Dates: Sept 13 - Dec 6	Dates: Sept 14 - Dec 14	Dates: Sept 15 - Dec 8	Dates: Sept 17 - Dec 10	Dates: Sept 18 - Dec 4
Time: 5:30 - 6:15pm	Time: 5:45 - 6:30pm	Time: 5:45 - 6:30pm	Time: 1:15 - 2:00pm	Time: 9:30 - 10:15am	Time: 9:30 - 10:15am
Cost: \$192 (12 classes)	Cost: \$192 (12 classes)	Cost: \$192 (12 classes)	Cost: \$192 (12 classes)	Cost: \$192 (12 classes)	Cost: \$192 (12 classes)
*No class October 10	*No class November 22	*No class October 19	*No class October 27	*No class October 29	
*No class October 31	<u>Option 2</u>	*No class November 23	<u>Option 2</u>	<u>Option 2</u>	<u>Option 2</u>
Option 2	Dates: Sept 13 - Dec 6	Option 2	Dates: Sept 15 - Dec 8	Dates: Sept 17 - Dec 10	Dates: Sept 18 - Dec 4
Dates: Sept 12 - Dec 12 Time: 6:15 - 7:00pm Cost: \$192 (12 classes)	Time: 6:30 - 7:15pm Cost: \$192 (12 classes) *No class November 22	Dates: Sept 14 - Dec 14 Time: 6:30 - 7:15pm Cost: \$192 (12 classes)	Time: 3:00 - 3:45pm Cost: \$192 (12 classes) *No class October 27	Time: 10:15 - 11:00am Cost: \$192 (12 classes) *No class October 29	Time: 10:15 - 11:00am Cost: \$192 (12 classes)
*No class October 10 *No class October 31		*No class October 19 *No class November 23	Option 3		Option 3



Time: 3:45 - 4:30pm Cost: \$192 (12 classes) *No class October 27

Option 4

Dates: Sept 15 - Dec 8 Time: 5:30 - 6:15pm Cost: \$192 (12 classes) *No class October 27

Option 5

Dates: Sept 15 - Dec 8 Time: 6:15 - 7:00pm Cost: \$192 (12 classes) *No class October 27 Dates: Sept 18 - Dec 4 Time: 11:00 - 11:45am Cost: \$192 (12 classes)

Option 4

Dates: Sept 18 - Dec 4 Time: 11:45am - 12:30pm Cost: \$192 (12 classes)



FUN. FITNESS. ACHIEVEMENT.

780.444.1943

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens Skate Canada Membership \$43.65 / year (skating year is September 1-August 31)

No refunds or make-up classes

icepalace.ca













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