

PowerSkate - Fall 2022

PowerSkate is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, speed, agility, and edge control.

Program Requirements

- Participants must be 5-12 years old as of September 1, 2022
- Skaters must be proficient in forward skating, backward skating, and stopping

Registration Details & Discount

- There is a 20% discount for each additional day you register for including CanSkate classes
- Families with 2 or more siblings in this program will receive a 10% discount for each sibling

Thursday

Terwillegar Rec Centre

Dates: September 15 - December 8

Time: 6:15 - 7:00pm

Cost: \$192 (12 classes)

***No class October 27**

***This class will use half of the ice surface**



FUN. FITNESS. ACHIEVEMENT.

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens

Skate Canada Membership \$43.65 / year (skating year is September 1-August 31)

No refunds or make-up classes



Bright Dental

