

## CanSkate - Winter 2024

CanSkate is Skate Canada's learn-to-skate program where beginners are taught in a small group by a Skate Canada Certified Coach. This program teaches fundamental skills to give children the best foundation for figure skating, hockey, ringette, speed or recreational skating.

## **Program Requirements**

- Participants must be 4 to 14 years old as of January 1, 2024
- Skaters who are under 4 years old and have already taken Pre-CanSkate may register for CanSkate

## **Registration Details and Discount**

- There is a 20% discount for each additional day you register for
- Families with 2 or more siblings will receive a 10% discount for each sibling
- 2-3 classes per week recommended for accelerated progress

Monday Terwillegar Rec Centre	Tuesday West Edmonton Mall	Wednesday West Edmonton Mall	Thursday Terwillegar Rec Centre	Saturday Terwillegar Rec Centre	Sunday Terwillegar Rec Centre
Option 1  Dates: Jan 8 - Mar 18  Time: 5:30 - 6:15pm  Cost: \$176 (11 classes)  *Feb 19 moved to  Callingwood Arena	<b>Option 1</b> Dates: Jan 9 - Mar 19 Time: 5:45 - 6:30pm Cost: \$176 (11 classes)	Option 1  Dates: Jan 10 - Mar 20 Time: 5:45 - 6:30pm Cost: \$176 (11 classes)	Option 1  Dates: Jan 11 - Mar 21  Time: 1:15 - 2:00pm  Cost: \$176 (11 classes)	Option 1  Dates: Jan 6 - Mar 23  Time: 9:45 - 10:30am  Cost: \$128 (8 classes)  *No class Jan 20, Feb 17,  Mar 9 and Mar 16	Option 1  Dates: Jan 7 - Mar 24  Time: 9:30 - 10:15am  Cost: \$176 (11 classes)  *Jan 21 moved to Kinsmen  *No class Feb 18
Option 2	Option 2	Option 2	Option 2	Option 2	Option 2
Dates: Jan 8 - Mar 18 Time: 6:15 - 7:00pm Cost: \$176 (11 classes) *Feb 19 moved to Callingwood Arena	Dates: Jan 9 - Mar 19 Time: 6:30 - 7:15pm Cost: \$176 (11 classes)	Dates: Jan 10 - Mar 20 Time: 6:30 - 7:15pm Cost: \$176 (11 classes)	Dates: Jan 11 - Mar 21 Time: 3:00 - 3:45pm Cost: \$176 (11 classes)  Option 3	Dates: Jan 6 - Mar 23 Time: 10:30 - 11:15am Cost: \$128 (8 classes) *No class Jan 20, Feb 17, Mar 9 and Mar 16	Dates: Jan 7 - Mar 24 Time: 10:15 - 11:00am Cost: \$176 (11 classes) *Jan 21 moved to Kinsmen *No class Feb 18
			Dates: Jan 11 - Mar 21 Time: 3:45 - 4:30pm Cost: \$176 (11 classes)  Option 4		Option 3  Dates: Jan 7 - Mar 24  Time: 11:00 - 11:45am  Cost: \$176 (11 classes)  *Jan 21 moved to Kinsmen
			Dates: Jan 11 - Mar 21 Time: 5:30 - 6:15pm Cost: \$176 (11 classes)		*No class Feb 18  Option 4
			Option 5  Dates: Jan 11 - Mar 21 Time: 6:15 - 7:00pm Cost: \$176 (11 classes)		Dates: Jan 7 - Mar 24 Time: 11:45am - 12:30pm Cost: \$176 (11 classes) *Jan 21 moved to Kinsmen *No class Feb 18



## **FUN. FITNESS. ACHIEVEMENT.**

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens Skate Canada Membership \$50 / year (skating year is September 1-August 31)









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