

PowerSkate - Fall 2024

PowerSkate is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, speed, agility, and edge control.

Program Requirements

- Participants must be 5-12 years old as of September 1, 2024
- Skaters must be proficient in forward skating, backward skating, and stopping

Registration Details & Discount

- There is a 20% discount for each additional day you register for including CanSkate classes
- Families with 2 or more siblings will receive a 10% discount for each sibling

Wednesday

Terwillegar Rec Centre

Dates: September 11 - December 4

Time: 7:30 - 8:15pm

Cost: \$204 (12 classes)

*No class Oct 30

*This class will use half of the ice surface



FUN. FITNESS. ACHIEVEMENT.

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens Skate Canada Membership \$55 / year (skating year is September 1-August 31) No refunds or make-up classes













