



ICEPALACE
FIGURE SKATING CLUB

icepalace.ca

Christmas Camp

December 30, 31, January 2, 3, 4 @ Terwillegar Arena

Rink 1	Rink 2	Off-ice (Tue/Thu/Sat)
7:45 - 8:45am Pair/Dance	8:00 - 9:00am Freeskate - Int A, Sr B	10:25 - 11:15am Off-ice - Int A, Sr B
8:45 - 9:45 Freeskate - Int B	Flood	11:15 - 12:05 Off-ice - Int B
9:45 - 10:00 Spins - Int B	9:15 - 10:00 Freeskate - Int A, Sr B	12:05 - 12:55 Off-ice - Jr
Flood	10:00 - 10:15 Edges - Int A, Sr B	2:15 - 3:05 Off-ice - Sr A
10:15 - 11:15 National Competitors	10:15 - 10:45 Edges - Jr, Int B	
Flood	10:45 - 11:45 Freeskate - Jr	
11:30 - 12:15 Freeskate - Sr A		
12:15 - 12:45 Edges - Sr A		
Flood		
1:00 - 2:00 Freeskate - Sr A		

***Sign up by December 14 (send email to info@icepalace.ca)*

***Cost is free for package skaters*

National Competitors

December 23, 24, 27, 28 @ Terwillegar Arena

Rink 1	Off-ice (Fri)
11:15am - 12:30pm National Competitors	2:15 - 3:15pm Off-ice Fitness
Flood	
12:45 - 2:00 National Competitors	

***This ice is open to all skaters training for Nationals or Skate Canada Trophy*

***Sign up by December 14 (send email to info@icepalace.ca)*