



# ICEPALACE

FIGURE SKATING CLUB

## SUMMER CAMP

JUNE 30 – AUGUST 8, 2025



HOME OF NATIONAL AND INTERNATIONAL CHAMPIONS



**DIRECTED BY RAVI WALIA**  
OLYMPIC & WORLD COACH  
SKATE CANADA COACH OF THE YEAR



**EVENTS** INCLUDE THEME DAYS,  
PIZZA PARTY, SIMULATIONS, AND  
CLUB COMPETITION



**INTERNATIONAL LEVEL**  
COACHES HELP YOU REACH  
YOUR FULL POTENTIAL

MEMBER DEADLINE: APRIL 16

780-444-1943  
[info@icepalace.ca](mailto:info@icepalace.ca)



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FIGURE SKATING CLUB

icepalace.ca







## COACHING TEAM

The Ice Palace FSC has a highly qualified team of professional coaches who work together to ensure that each skater achieves personal excellence. Visit our website for more information about our exceptional coaches.

	<b>Ravi Walia, ChPC, BAdmin</b> Olympic & World Coach 2-time Skate Canada Coach of the Year ISU Level Technical Specialist		<b>Renata Wong</b> NCCP Provincial Coach In Training Coach of British National Competitors 2-time National Competitor
	<b>Kaetlyn Osmond</b> NCCP National Coach In Training 3-time Olympic Medalist 2018 World Champion		<b>Lynne Koper</b> NCCP Level 5 Certification Coach of National & Int'l Medalists Competitive Dance & Edge Specialist
	<b>Jessica Gosse</b> NCCP National Coach Certification Coach of National Medalists 2014 AB Coach Achievement Award		<b>Shirley Solkowski, BEd</b> NCCP National Coach Certification Coach of National Medalists Competitive Dance & Edge Specialist
	<b>Antoinette Hempel-Bakker</b> NCCP National Coach Certification Section Level Technical Specialist 6-time British National Competitor		<b>Ben Ferreira</b> NCCP National Coach Certification Harness & Dartfish video specialist 3-time World Team Member

## CONSULTING COACHES:

	<b>Ekaterina Gordeeva</b> NCCP National Coach Certification 2-time Olympic Champion Honoured Master of Sport of the USSR		<b>Mackenzie Mah</b> NCCP Regional Coach Certification Ice Dance & Edge specialist 4-time National Competitor
	<b>Lee Bakker</b> NCCP National Coach Certification Harness & Dartfish video specialist 6-time National Competitor		<b>Mikala Cutler</b> NCCP Regional Coach Certification Ice Dance & Edge Specialist 3-time National Competitor

**June 30 - August 8**  
**Terwillegar Recreation Centre**

<b>Mon / Wed / Fri</b>		<b>Tue / Thu</b>	
<b>Rink 1</b>	<b>Rink 2</b>	<b>Rink 1</b>	<b>Rink 2</b>
8:45 - 9:15am Int/Sr B Edge (M/W), Theatre (F)	7:45 - 8:30am Int B Freeskate	8:45 - 9:15am Int B / Int A / Sr B Stoking	7:45 - 8:45am Int B Freeskate
9:15 - 10:15 Int A / Sr B Freeskate	8:30 - 8:45 Int B Spins	9:15 - 10:15 Int A / Sr B Freeskate	
10:15 - 10:30 Flood	8:45 - 9:00 Flood	10:15 - 10:30 Flood	10:15 - 11:15 Pair / Dance
10:30 - 11:30 Sr A Freeskate	9:00 - 10:00 Pair / Dance	10:30 - 11:30 Sr A Freeskate	11:15 - 12:00 Int B Freeskate
11:30 - 11:45 Flood	10:00 - 10:45 Int B Freeskate	11:30 - 11:45 Sr A Int'l Judging System	12:00 - 12:15 Int B Int'l Judging System
11:45 - 12:45 Sr A Freeskate	10:45 - 11:15 Int B Edges (M/W), Theatre (F)	11:45 - 12:00 Flood	
12:45 - 1:00 Flood	11:15 - 11:30 Flood	12:00 - 1:00 Int A / Sr B Freeskate	1:45 - 2:45 Pair / Dance
1:00 - 1:45 Int A / Sr B Freeskate	11:30 - 12:15 Pair / Dance	1:00 - 1:15 Flood	
1:45 - 2:00 Int A / Sr B Spins		1:15 - 2:15 Sr A Freeskate	
2:00 - 2:15 Int A / Sr B Int'l Judging System	1:45 - 2:45 Pair / Dance (Mon / Fri)	2:15 - 2:45 Sr A Edges	
2:15 - 2:30 Flood		2:45 - 3:15 Jr Edges	
2:30 - 3:15 Sr A Freeskate		3:15 - 4:15 Jr Freeskate	
3:15 - 3:45 Sr A Stoking (M/W), Theatre (F)		4:15 - 4:30 Jr Stoking	
3:45 - 4:00 Flood			
4:00 - 4:30 Jr Edges (M/W), Theatre (F)			
4:30 - 5:15 Jr Freeskate			
5:15 - 5:30 Jr Stoking			

Mon / Wed / Fri		Tue / Thu	
Off-ice Classes			
10:30 - 11:30am Int/Sr B Ballet / Hip-hop / Zumba	9:00 - 9:30am Int B Jump Class	10:30 - 11:25am Int A / Sr B Fitness	9:30 - 10:30am Int B Fitness
12:20 - 12:40 Int A / Sr B Jump Class	12:00 - 1:00 Int B Ballet / Hip-hop / Zumba	12:40 - 1:00 Sr A Jump Class	12:30 - 12:50 Int B Jump Class
1:25 - 2:15 Sr A Ballet / Hip-hop / Zumba		1:15 - 1:35 Int A / Sr B Jump Class	
2:45 - 3:45 Jr Ballet / Gymnastics / Zumba		3:00 - 4:00 Sr A Fitness	
		4:45 - 5:30 Jr Jump Class	



## PACKAGES

	Week 1 Jun 30-Jul 4	Week 2 Jul 7-11	Week 3 Jul 14-18	Week 4 Jul 21-25	Week 5 Jul 28-Aug 1	Week 6 Aug 5-8
Senior A	\$ 215	\$ 215	\$ 215	\$ 215	\$ 180	\$ 170
Int A / Sr B	\$ 200	\$ 200	\$ 200	\$ 200	\$ 170	\$ 160
Intermediate B	\$ 190	\$ 190	\$ 190	\$ 190	\$ 165	\$ 155
Junior	\$ 145	\$ 145	\$ 145	\$ 145	\$ 115	\$ 115

- Packages include all on-ice and off-ice sessions for your level, including Stroking and Edge Classes. Int & Sr packages include 1 hour of Dance/Skills sessions per week.
- Pair/Dance teams – contact the office to arrange a customized package
- Non-Members add 25%
- Additional family members receive 25% discount

## HOURLY BOOKINGS

Members	\$15 / hour
Non-Members	\$20 / hour
Stroking / Edge Class (ice & instruction fee)	\$6 / 15 mins

- Contact the office to book by the hour
- Additional family members receive 25% discount

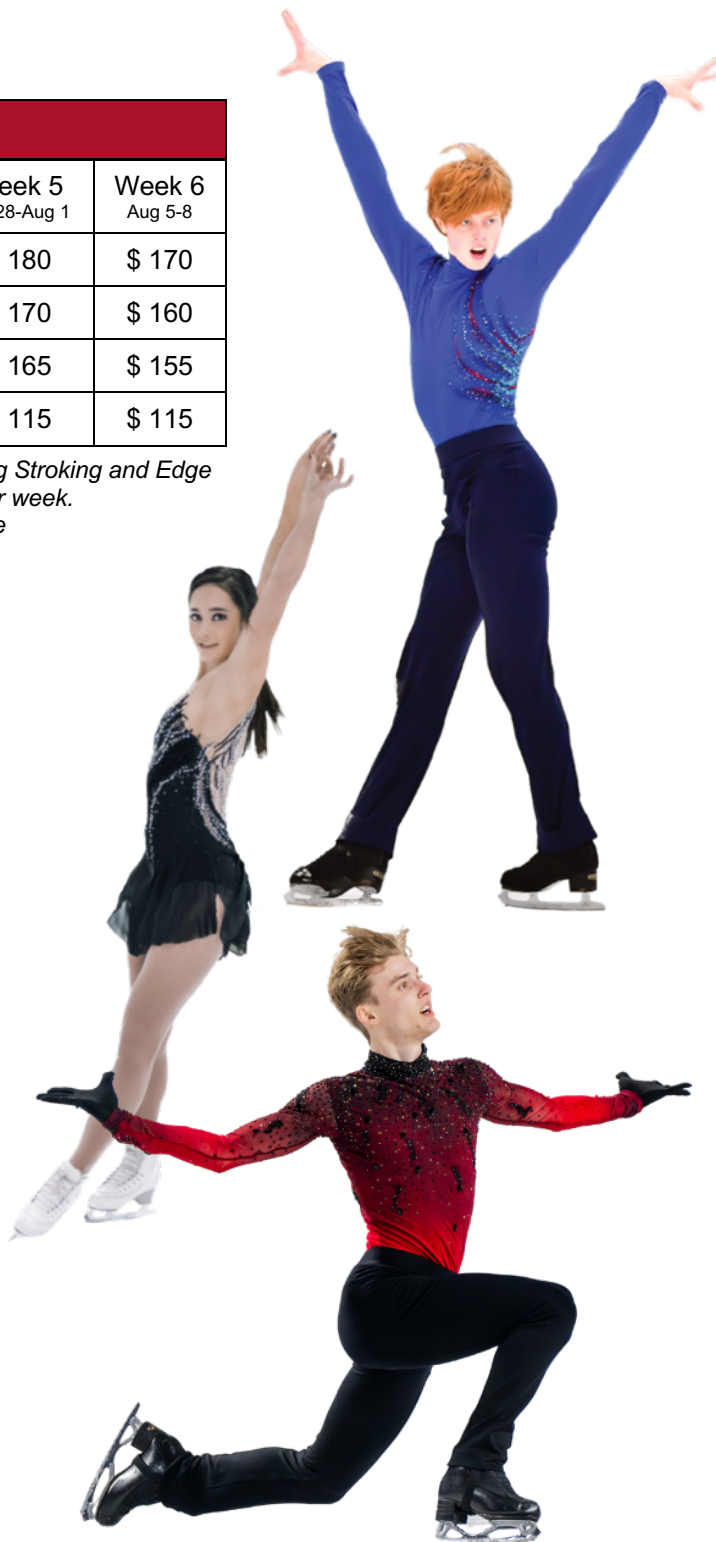
## SESSION LEVELS

Senior A	Pre-Novice, Novice, Junior, Senior
Senior B	Pre-Novice
Intermediate A	Juvenile
Intermediate B	STAR 5, Pre-Juvenile, Juvenile
Junior	STAR 1-4
Pair / Dance	Dance Teams, Pair Teams Test skaters & Adults with approval

- The above requirements are guidelines only. All session assignments will be made by the Skating Director and are based on skill level, competition scores, and membership situation.

## ADDITIONAL INFORMATION

- Payment is made in two equal installments: 1<sup>st</sup> installment at time of registration, 2<sup>nd</sup> installment on June 30<sup>th</sup>.
- No make-up sessions are offered due to absences. Hourly skaters whose regular ice time has been cancelled may make up for their cancelled session by requesting a different session in the same week.
- Package skaters must attend all off-ice sessions.
- Refund Policy: refunds will be considered for serious medical circumstances substantiated by a medical certificate. A \$50.00 administration fee will be withheld. Requests must be received in writing. There shall be no refunds in the event that skating sessions are cancelled due to mechanical failure or club activities.





## CALENDAR OF EVENTS

Jun 30	Revised schedule – see website for details
Jul 2	80s Day
Jul 9	Wacky Hair Day
Jul 14	Revised schedule – see website for details
Jul 16	Iconic Duos Day
Jul 18	AGM & Pizza Party
Jul 23	Competition Simulations – Int, Sr, Pair/Dance
Jul 25	Wild West Day
Jul 28	Artistic Showcase
Jul 30	Olympic Games Day
Jul 31	Ice Palace Club Competition – Jr
Aug 1	Revised schedule – see website; no skating for Juniors
Aug 1-4	Wild Rose Competition
Aug 4	Regular schedule cancelled; Pick-up Ice available
Aug 7	Test Day
Aug 8	Beach Day
Aug 8	Revised schedule – 1:45pm Pair/Dance session cancelled
Aug 11-13	Pick-up Ice available
Aug 14-17	BC Summer Skate Competition



Questions about our Summer Camp?  
**Amanda Pess, Office Manager**  
[info@icepalace.ca](mailto:info@icepalace.ca)  
 780.444.1943

