

Adult Learn-To-Skate - Summer 2025

Adult Learn-To-Skate teaches fundamental skating skills to individuals ranging from beginners to those with proficient basic skating skills. Participants are taught in small groups by a Skate Canada Certified Coach.

Program Requirements

• Participants must be above the age of 14 years old as of July 1, 2025

Wednesday

Terwillegar Rec Centre

Dates: July 2 - August 20 Time: 6:00-6:45pm Cost: \$136 (8 classes)



FUN. FITNESS. ACHIEVEMENT.

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens Skate Canada Membership \$55 / year (skating year is September 1-August 31) No refunds or make-up classes



icepalace.ca









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