

## CanSkate - Fall 2025

CanSkate is Skate Canada's learn-to-skate program where beginners are taught in a small group by a Skate Canada Certified Coach. This program teaches fundamental skills to give children the best foundation for figure skating, hockey, ringette, speed or recreational skating.

## **Program Requirements**

- Participants must be 4 to 13 years old as of September 1, 2025
- Skaters who are under 4 years old and have already taken Pre-CanSkate may register for CanSkate

## **Registration Details and Discount**

- There is a 20% discount for each additional day you register for
- Families with 2 or more siblings will receive a 10% discount for each sibling
- 2-3 classes per week recommended for accelerated progress

Monday Terwillegar Rec Centre	Wednesday Terwillegar Rec Centre	Thursday Terwillegar Rec Centre	Saturday Terwillegar Rec Centre	Sunday Terwillegar Rec Centre
Option 1	Option 1	Option 1	Option 1	Option 1
Dates: Sept 8-Dec 8	Dates: Sept 10-Dec 3	Dates: Sept 11-Dec 11	Dates: Sept 13-Dec 6	Dates: Sept 14-Nov 30
Time: 5:30 - 6:15pm	Time: 6:45 - 7:30pm	Time: 1:15 - 2:00pm	Time: 9:45 - 10:30am	Time: 9:30 - 10:15am
Cost: \$204 (12 classes)	Cost: \$204 (12 classes)	Cost: \$204 (12 classes)	Cost: \$204 (12 classes)	Cost: \$204 (12 classes)
Option 2	*No class Oct 29	Option 2	Option 2	Option 2
Dates: Sept 8-Dec 8		Dates: Sept 11-Dec 11	Dates: Sept 13-Dec 6	Dates: Sept 14-Nov 30
Time: 6:15 - 7:00pm		Time: 2:45 - 3:30pm	Time: 10:30 - 11:15am	Time: 10:15-11:00am
Cost: \$204 (12 classes)		Cost: \$204 (12 classes)	Cost: \$204 (12 classes)	Cost: \$204 (12 classes)
Option 3		Option 3	Option 3	Option 3
Dates: Sept 8-Dec 8		Dates: Sept 11-Dec 11	Dates: Sept 13-Dec 6	Dates: Sept 14-Nov 30
Time: 7:00 - 7:45pm		Time: 3:30 - 4:15pm	Time: 11:15am - 12:00pm	Time: 11:00-11:45am
Cost: \$204 (12 classes)		Cost: \$204 (12 classes)	Cost: \$204 (12 classes)	Cost: \$204 (12 classes)
*No class Oct 13		Option 4	*No class Nov 1	Option 4
*No class Oct 20		Dates: Sept 11-Dec 11		Dates: Sept 14-Nov 30
		Time: 5:30 - 6:15pm		Time: 11:45am-12:30pm
		Cost: \$204 (12 classes)		Cost: \$204 (12 classes)
		Option 5		
		Dates: Sept 11-Dec 11		
		Time: 6:15 - 7:00pm		
		Cost: \$204 (12 classes)		
		*No class Oct 30		
		*No class Nov 13		
		*No class Nov 13		



**FUN. FITNESS. ACHIEVEMENT.** 

Equipment required: CSA approved hockey helmet, skates with laces, hard guards for blades, warm clothing, gloves/mittens Skate Canada Membership \$55 / year (skating year is September 1-August 31)

No refunds or make-up classes









