

PowerSkate - Fall 2025

PowerSkate is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, speed, agility, and edge control.

Program Requirements

- Participants must be 5-12 years old as of September 1, 2025
- Skaters must be proficient in forward skating, backward skating, and stopping
- Participants must have full equipment (see below)

Registration Details & Discount

- There is a 20% discount for each additional day you register for including CanSkate classes
- Families with 2 or more siblings will receive a 10% discount for each sibling

Wednesday Terwillegar Rec Centre

Dates: September 10-December 3

Time: 7:30-8:15pm

Cost: \$204 (12 classes)

****No class Oct 29***

****This class will use 2/3 of the ice surface***



FUN. FITNESS. ACHIEVEMENT.

Equipment required: hockey skates, hockey pants, hockey socks elbow pads, shin pads, shoulder pads, neck guard, gloves, stick, and a CSA approved helmet with cage.

Skate Canada Membership \$55 / year (skating year is September 1-August 31)

No refunds or make-up classes

