



Christmas Camp

December 29, 30, 31, January 2 @ Terwillegar Arena

TRC-a	TRC-b	Off-ice (Mon/Wed/Fri)
7:45 - 8:45am Pair/Dance	8:00 - 9:00am Freeskate - Int A, Sr B	10:25 - 11:15am Off-ice - Int A, Sr B
8:45 - 9:45 Freeskate - Int B	Flood	11:15 - 12:05 Off-ice - Int B
9:45 - 10:00 Spins - Int B	9:15 - 10:00 Freeskate - Int A, Sr B	12:05 - 12:55 Off-ice - Jr
Flood	10:00 - 10:15 Edges - Int A, Sr B	2:15 - 3:05 Off-ice - Sr A
10:15 - 11:15 National Competitors	10:15 - 10:45 Edges - Jr, Int B	
Flood	10:45 - 11:45 Freeskate - Jr	
11:30 - 12:30 Freeskate - Sr A		
Flood		
12:45 - 1:30 Freeskate - Sr A		
1:30 - 2:00 Edges - Sr A		

****Sign up by December 12 (send email to info@icepalace.ca)**

****Cost is free for package skaters**

National Competitors

December 22, 23, 26, 27 @ Terwillegar Arena

TRC	Off-ice (Tue/Sat)
11:15am - 12:30pm National Competitors	2:15 - 3:15pm Off-ice Fitness
Flood	
12:45 - 2:00 National Competitors	

****This ice is open to all skaters training for Nationals or Skate Canada Trophy**

****Sign up by December 12 (send email to info@icepalace.ca)**