

PowerSkate - Winter 2026

PowerSkate is an action-packed, high energy program that teaches the fundamentals of power skating in a progressive and sequential manner. This program is geared to hockey and ringette players and focuses on balance, speed, agility, and edge control.

Program Requirements

- Participants must be 5-12 years old as of January 1, 2026
- Skater's must be proficient in forward skating, backward skating, and stopping
- Participants must have full equipment (see below)

Registration Details & Discount

- There is a 20% discount for each additional day you register for including CanSkate classes
- Families with 2 or more siblings will receive a 10% discount for each sibling

Wednesday

Terwillegar Rec Centre

Dates: January 7 - March 25

Time: 7:30-8:15pm

Cost: \$187 (11 classes)

*No class Mar 4

*This class will use 2/3 of the ice surface



FUN. FITNESS. ACHIEVEMENT.

Equipment required: hockey skates, hockey pants, hockey socks elbow pads, shin pads, shoulder pads, neck guard, gloves, stick, and a CSA approved helmet with cage.

Skate Canada Membership \$55 / year (skating year is September 1-August 31) No refunds or make-up classes











