

Junior
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
1:00 – 2:00pm Freeskate - Sr A	4:30 – 5:30 Junior Academy /
Flood	5:30 – 6:15 CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15 Pair / Dance
2:15 – 3:15 Freeskate - Sr A	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45 Edges - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	Flood
Flood	7:00 – 7:15 Spins - Int B
5:15 – 6:15 Freeskate - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Jr	
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15 Spins - Int B
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	Flood
Flood	5:45 – 6:45 Freeskate - Int B
5:00 – 6:00 Freeskate - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Spins - Int A, Sr A/B	
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30 CanSkate
1:45 – 2:30 Freeskate - Sr A	4:30 – 5:30 Junior Academy
Flood	5:30 – 6:15 CanSkate
2:45 – 3:30 Freeskate - Sr A	6:15 – 7:00 CanSkate / Adult LTS
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00 Freeskate - Int B
1:45 – 2:45 Freeskate - Sr A	6:00 – 6:15 Stroking - Int B
Flood	Flood
3:00 – 3:45 Freeskate - Sr A/B	6:30 – 7:00 Spins - Int B
Flood	7:00 – 7:45 Freeskate - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	
Flood	
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy /
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy

Intermediate B
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
1:00 – 2:00pm Freeskate - Sr A	4:30 – 5:30 Junior Academy /
Flood	5:30 – 6:15 CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15 Pair / Dance
2:15 – 3:15 Freeskate - Sr A	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45 Edges - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	Flood
Flood	7:00 – 7:15 Spins - Int B
5:15 – 6:15 Freeskate - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Jr	
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15 Spins - Int B
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	Flood
Flood	5:45 – 6:45 Freeskate - Int B
5:00 – 6:00 Freeskate - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Spins - Int A, Sr A/B	
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30 CanSkate
1:45 – 2:30 Freeskate - Sr A	4:30 – 5:30 Junior Academy
Flood	5:30 – 6:15 CanSkate
2:45 – 3:30 Freeskate - Sr A	6:15 – 7:00 CanSkate / Adult LTS
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00 Freeskate - Int B
1:45 – 2:45 Freeskate - Sr A	6:00 – 6:15 Stroking - Int B
Flood	Flood
3:00 – 3:45 Freeskate - Sr A/B	6:30 – 7:00 Spins - Int B
Flood	7:00 – 7:45 Freeskate - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	
Flood	
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy /
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy

Intermediate A
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
1:00 – 2:00pm Freeskate - Sr A	4:30 – 5:30 Junior Academy /
Flood	5:30 – 6:15 CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15 Pair / Dance
2:15 – 3:15 Freeskate - Sr A	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45 Edges - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	Flood
Flood	7:00 – 7:15 Spins - Int B
5:15 – 6:15 Freeskate - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Jr	
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15 Spins - Int B
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	Flood
Flood	5:45 – 6:45 Freeskate - Int B
5:00 – 6:00 Freeskate - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Spins - Int A, Sr A/B	
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30 CanSkate
1:45 – 2:30 Freeskate - Sr A	4:30 – 5:30 Junior Academy
Flood	5:30 – 6:15 CanSkate
2:45 – 3:30 Freeskate - Sr A	6:15 – 7:00 CanSkate / Adult LTS
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00 Freeskate - Int B
1:45 – 2:45 Freeskate - Sr A	6:00 – 6:15 Stroking - Int B
Flood	Flood
3:00 – 3:45 Freeskate - Sr A/B	6:30 – 7:00 Spins - Int B
Flood	7:00 – 7:45 Freeskate - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	
Flood	
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy /
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy

Senior B
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
	4:30 – 5:30
1:00 – 2:00pm Freeskate - Sr A	Junior Academy / 5:30 – 6:15
Flood	CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15
2:15 – 3:15 Freeskate - Sr A	Pair / Dance
Flood	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45
4:00 – 5:00 Freeskate - Int A, Sr A/B	Edges - Int B
Flood	Flood
5:15 – 6:15 Freeskate - Jr	7:00 – 7:15 Spins - Int B
6:15 – 6:45 Edge Class - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Spins - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
Flood	Flood
5:00 – 6:00 Freeskate - Int A, Sr A/B	5:45 – 6:45 Freeskate - Int B
6:00 – 6:30 Spins - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30
1:45 – 2:30 Freeskate - Sr A	CanSkate
Flood	4:30 – 5:30 Junior Academy
2:45 – 3:30 Freeskate - Sr A	5:30 – 6:15 CanSkate
3:30 – 3:45 Edge Class - Sr A/B	6:15 – 7:00 CanSkate / Adult LTS
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00
1:45 – 2:45 Freeskate - Sr A	Freeskate - Int B
Flood	6:00 – 6:15
3:00 – 3:45 Freeskate - Sr A/B	Stroking - Int B
Flood	Flood
4:00 – 5:00 Freeskate - Int A, Sr A/B	6:30 – 7:00 Spins - Int B
Flood	7:00 – 7:45 Freeskate - Int B
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy /
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy

Senior A
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
	4:30 – 5:30
1:00 – 2:00pm Freeskate - Sr A	Junior Academy / 5:30 – 6:15
Flood	CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15
2:15 – 3:15 Freeskate - Sr A	Pair / Dance
Flood	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45
4:00 – 5:00 Freeskate - Int A, Sr A/B	Edges - Int B
Flood	Flood
5:15 – 6:15 Freeskate - Jr	7:00 – 7:15 Spins - Int B
6:15 – 6:45 Edge Class - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15 Spins - Int B
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	Flood
Flood	5:45 – 6:45 Freeskate - Int B
5:00 – 6:00 Freeskate - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Spins - Int A, Sr A/B	
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30
1:45 – 2:30 Freeskate - Sr A	CanSkate
Flood	4:30 – 5:30 Junior Academy
2:45 – 3:30 Freeskate - Sr A	5:30 – 6:15 CanSkate
3:30 – 3:45 Edge Class - Sr A/B	6:15 – 7:00 CanSkate / Adult LTS
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00
1:45 – 2:45 Freeskate - Sr A	Freeskate - Int B
Flood	6:00 – 6:15 Stroking - Int B
3:00 – 3:45 Freeskate - Sr A/B	Flood
Flood	6:30 – 7:00 Spins - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	7:00 – 7:45 Freeskate - Int B
Flood	
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy /
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy

BootBreakers
May 5 - June 26, 2026

Monday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	3:45 – 4:30pm CanSkate / Adult LTS
1:00 – 2:00pm Freeskate - Sr A	4:30 – 5:30 Junior Academy / JumpStart
Flood	5:30 – 6:15 CanSkate
2:15 – 3:15 Freeskate - Sr A	6:15 – 7:00 CanSkate
3:15 – 3:30 Spins - Sr A/B	
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Fitness - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
5:00 – 6:00 Fitness - Sr A/B	5:50 – 6:50 @ WEM Off-ice - Jr
5:15 – 5:45 Jump Class - Int A	
6:40 – 7:30 Ballet - Int B	

Tuesday	
TRC-a	TRC-c
1:00 – 2:00pm Freeskate - Sr A	3:15 – 4:15pm Pair / Dance / Int / Sr
Flood	4:15 – 5:15 Pair / Dance
2:15 – 3:15 Freeskate - Sr A	Flood
3:15 – 3:45 Edge Class - Sr A	5:30 – 6:15 Freeskate - Int B
Flood	6:15 – 6:45 Edges - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	Flood
Flood	7:00 – 7:15 Spins - Int B
5:15 – 6:15 Freeskate - Jr	7:15 – 8:00 Freeskate - Int B
6:15 – 6:45 Edge Class - Jr	
6:15 – 6:45 Edge Class - Int A, Sr A/B	
6:45 – 7:45 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 4:20pm Jump Class - Sr A	4:45 – 5:15pm Jump Class - Int B
4:20 – 5:10 Ballet - Sr A	
4:15 – 5:00 Fitness - Jr	
5:10 – 6:00 Ballet - Int A, Sr A/B	

Wednesday	
TRC-a	TRC-d
1:00 – 2:00pm Freeskate - Sr A	2:45 – 3:45pm Pair / Dance / Int / Sr
Flood	Flood
2:15 – 3:15 Freeskate - Sr A	4:00 – 5:00 Freeskate - Int B
Flood	5:00 – 5:15 Spins - Int B
3:30 – 4:15 Freeskate - Int A, Sr A/B	5:15 – 5:30 Stroking - Int B
4:15 – 4:45 Jump Drills - Int A, Sr A/B	Flood
Flood	5:45 – 6:45 Freeskate - Int B
5:00 – 6:00 Freeskate - Int A, Sr A/B	6:45 – 7:45 Pair / Dance
6:00 – 6:30 Spins - Int A, Sr A/B	
6:00 – 6:30 Edge Class - Jr	
6:30 – 7:30 Freeskate - Jr	
OFF-ICE	
5:00 – 5:45pm Jump Class - Jr	

Thursday	
WEM	TRC
6:30 – 8:00am Pair / Dance / Int / Sr	1:15 – 2:00pm CanSkate
12:30 – 1:30pm Freeskate - Sr A	3:00 – 3:45 CanSkate
Flood	3:45 – 4:30 CanSkate
1:45 – 2:30 Freeskate - Sr A	4:30 – 5:30 Junior Academy
Flood	5:30 – 6:15 CanSkate
2:45 – 3:30 Freeskate - Sr A	6:15 – 7:00 CanSkate / Adult LTS
3:30 – 3:45 Edge Class - Sr A/B	
Flood	
4:00 – 4:45 Freeskate - Int A, Sr A/B	
4:45 – 5:45 Freeskate - Int B	
Flood	
6:00 – 6:15 Edge Class - Int A/B	
6:15 – 6:30 Spins - Int A/B, Sr A/B	
6:30 – 7:15 Freeskate - Int A, Sr A/B	
OFF-ICE	
4:00 – 5:00pm Yoga - Sr A	5:35 – 6:05pm Off-ice - Junior Academy
4:55 – 5:45 Fitness - Int A	
5:00 – 6:00 Yoga - Sr A/B	
6:40 – 7:30 Fitness - Int B	

Friday	
TRC-a	TRC-c
12:30 – 1:30pm Freeskate - Sr A	3:15 – 5:15pm Pair / Dance
Flood	5:15 – 6:00 Freeskate - Int B
1:45 – 2:45 Freeskate - Sr A	6:00 – 6:15 Stroking - Int B
Flood	Flood
3:00 – 3:45 Freeskate - Sr A/B	6:30 – 7:00 Spins - Int B
Flood	7:00 – 7:45 Freeskate - Int B
4:00 – 5:00 Freeskate - Int A, Sr A/B	
Flood	
5:15 – 6:00 Freeskate - Int A, Sr A/B	
6:00 – 6:15 Stroking - Jr, Int A	
6:15 – 7:15 Freeskate - Jr	
7:15 – 7:30 Creative Movement - Jr	
OFF-ICE	
4:45 – 5:45pm Ballet - Jr	

Saturday	
TRC	TRC
10:15 – 11:00am CanSkate	9:30 – 10:15am CanSkate
11:00 – 11:45 CanSkate	10:15 – 11:00 CanSkate
11:45 – 12:45 JumpStart	11:00 – 11:45 CanSkate
	11:45 – 12:30 CanSkate
	12:30 – 1:30 Junior Academy / JumpStart
OFF-ICE	
12:50 – 1:20pm Off-ice - JumpStart	11:45am – 12:15pm Off-ice - Junior Academy