

PowerSkate - Fall 2026

PowerSkate is an action-packed, high-energy program that teaches the fundamentals of power skating through progressive, sequential instruction. Designed for hockey and ringette players, the program focuses on balance, speed, agility, and edge control. Skaters are taught by Skate Canada Certified Coaches.

Program Requirements

- Skaters must be 5-12 years old as of September 1, 2026
- Skaters must be proficient in forward skating, backward skating, and stopping
- Equipment required: hockey skates, hockey pants, hockey socks, elbow pads, shin pads, shoulder pads, neck guard, gloves, stick, and a CSA approved helmet with cage.

Details & Discounts

- Register for both PowerSkate and CanSkate and receive 20% off your CanSkate registration
- Register two or more siblings and receive a 10% discount for each sibling

Wednesday Terwillegar Rec Centre

Dates: September 16 - December 2

Time: 7:30 - 8:15pm

Cost: \$216 (12 classes)

**This class will use 2/3 of the ice surface*



FUN. FITNESS. ACHIEVEMENT.

Skate Canada Registrant Fee: \$58 (paid once per skating year, September 1–August 31)