ICEPALACE
FIGURE SKATING CLUB
icepalace.ca

Christmas Camp

December 28-31 @ Terwillegar Arena

TRC-a	TRC-b	Off-ice (Tue/Wed/Thu)
8:00 - 9:00am Pair/Dance	8:30 - 9:30am Freeskate - Int A, Sr B	10:55 - 11:45am Off-ice - Int A, Sr B
9:00 - 10:00 Freeskate - Int B	Flood	11:45 - 12:35 Off-ice - Int B
10:00 - 10:15 Spins - Int B	9:45 - 10:30 Freeskate - Int A, Sr B	12:35 - 1:25 Off-ice - Jr
Flood	10:30 - 10:45 Edges - Int A, Sr B	2:30 - 3:20 Off-ice - Sr A
10:30 - 11:30 National Competitors	10:45 - 11:15 Edges - Jr, Int B	
Flood	11:15 - 12:15 Freeskate - Jr	
11:45 - 12:45 Freeskate - Sr A		
Flood		
1:00 - 1:45 Freeskate - Sr A		
1:45 - 2:15 Edges - Sr A		

***Contact the office to sign up by December 12*
***Cost is free for package skaters*

National Competitors

December 21, 22, 23, 27 @ Terwillegar Arena

TRC	Off-ice (Tue/Sun)
11:15am - 12:30pm National Competitors	2:15 - 3:15pm Off-ice Fitness
Flood	
12:45 - 2:00 National Competitors	

***This ice is open to all skaters training for Nationals or Skate Canada Trophy*
***Contact the office to sign up by December 12*